



Autistic Grief is Not Like Neurotypical Grief

Karla Fisher discovered she had autism during her work with a therapist on grieving. She began to understand her grief as a sensory processing problem and recommends strategies for both caregivers and adults with autism. (2,300 words)

<https://thinkingautismguide.com/2012/08/autistic-grief-is-not-like-neurotypical.html>

Bereavement and Autism: A Universal Experience with Unique Challenges

Elizabeth Graham is an autism professional and woman with an Asperger profile who reflects on both her personal experience and her ongoing research into grief, bereavement, and autism. (4,447 words)

<https://autismnow.org/blog/bereavement-and-autism-a-universal-experience-with-unique-challenges/>

Coping with Grief as an Autistic Adult

Anita Lesko describes the experience of losing her mother, with whom she had lived for over fifty years, and the ways in which her mother's lessons about life helped her in bereavement. (2,580 words)

<https://themighty.com/topic/autism-spectrum-disorder/coping-with-grief-as-an-autistic-adult>

When Autism and Grief Collide

Amanda Madru writes eloquently about her grief following the sudden death of her grandmother. (913 words)

<https://neuroclastic.com/when-autism-and-grief-collide/>